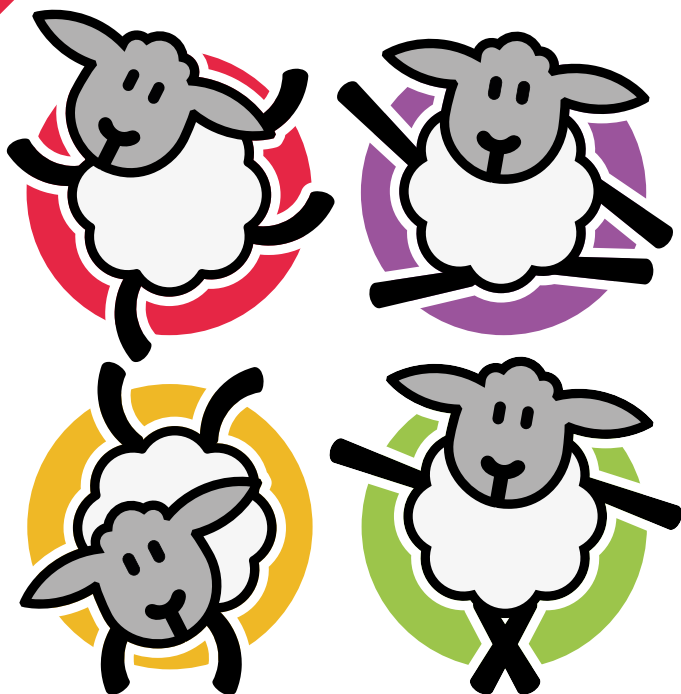


Try Our
Free Sessions!



Ullapool Dance Festival

Fèis Dannsa Ulapuil

1-4 am màrt/march 2018

www.ullapooldance.org

Ullapool Dance Festival

Thursday 1st March Friday 2nd March

'Silent Space'

Choreographed by Priya Shrikumar

Dance Ihayami

Scotland's Indian Dance Company.

Crossing the boundaries between traditional and contemporary Indian dance, the work explores the interaction between the sound and its absence, drawing deeply from the tradition of South Asian dance. An unforgettable spectacle of evocative rhythms, technical precision and the striking geometry of Bharatanatyam, a classical dance form from the south of India. The dancer is the storyteller and the language is of rhythm, hand gestures and facial expressions. Featuring Scotland-based flautist Marion Kenny. Followed by an opportunity for the audience to try Indian Dance and an informal Question and Answer session. Dance Ihayami lead a selection of workshops on Saturday 3rd March, see centre pages.

Suitable for age 6+

Adults: £8/£6

Under 18: £2

7:30pm

Macphail Theatre Ullapool

Bookings: 01854 613336

or on our website.



57° North

The gathering of dance professionals in the Highlands.

Professional workshops :

11am - 12.45 Dance Ihayami

2.30 - 4.15pm Claire Pritchard.

Networking lunch 1 - 2pm

Open to all professional dancers. (Free)

Advance booking:

laura.johnston@planbcreative.org

Supported by plan B and Creative

Scotland.

Ullapool Village Hall

Get Ullapool Dancing!

An energy filled showcase celebrating the diversity of dance.

Featuring...

Dance Ihayami

Performing fully traditional Indian dance and finishing with a Bollywood number to get everyone on the stage in the best traditions of the festival.

Alice Wilkins

Christy Okie - Bellydance

Kristiane & Martin Ewart - Tango

Rowan Strachan - Contemporary

Ullapool Highland Dancers

Skye Dance Youth Company

Ullapool Youth Dance Company

plan B Youth Company

Interval with Fair Trade wine & nibbles.

Registration desk for Saturday classes is available from 6pm

Adults: £8/£6

Age 4-18: £4 Age 0-3: Free

7.30 - 9.30pm

Macphail Theatre Ullapool

Saturday 3rd March

Dance Workshops

ALL DAY

Dance workshops for all ages and abilities - you're never too old, too fat or too thin and two left feet are welcome! Advance booking essential - many classes sell out quickly. See the whole programme in the centre pages and find more information about dances and teachers on our website. Book online now.

8.45am Registration Desk Opens

at the Macphail Centre foyer. You must register and collect your wristbands before going to a session - the warm up is in the Village Hall. Please allow enough time before your first class. Bring a light snack and water.

Saturday Class Prices:

Adults/Concession: £6.50/£4

Under 18s: £4

For times see timetable overleaf.

Macphail Centre, Drill Hall and Village Hall, Ullapool

The Amazing Festival Ceilidh & Dance Party

Grab your ticket for this legendary event - book online or buy tickets from Ullapool High School Reception.

The Wild West Ceilidh Band

with Ruth Mahoney, Ann Marie Firth-Bernard & friends.

Traditional Scottish Country Dancing.

Dance performances.

Reggaeton and fun Latin moves with Nigel May

8pm - 12pm

Adults - £8/£6 Under 18 - £5

Last admissions:

Under 18s 10pm, 18+ 11pm.

Bar - wine & beer.

Ullapool Village Hall

Under 14s please head for bed by 10.30pm as the band finishes & we metamorphose into...



Festival Nightclub with DJ Nigel May

Nigel May on the decks and on the dance floor. Rounding off the evening from 10.30 - 12pm Last admissions 11pm.

£3 (included in Ceilidh ticket).

Management reserve the right to refuse admission and will be intolerant of drunkenness or anti-social behaviour. Keep yourself and your pals safe.

Ullapool Village Hall

Sunday 4th March

Sunday Brunch Recovery

Informal meet-up and feedback session, all welcome

12 noon

Ceilidh Place

Embodied Spirituality Claire Pritchard

"an honest, cheerful and natural teacher"

Embodied Spirituality is reflective movement and dance incorporating mindfulness practices, and drawing on somatic principles, each session is unique and guides participants to engage and consider the spirit that dwells within them. Two hours. See our website for more details.

Adults 16+ / concessions: £7/£5

Under 18s: £5

2pm - 4pm

Ullapool Village Hall

Saturday Workshops

8.45	Registration Allow plenty of time to collect your tickets and wristbands! Fill water bottles, get excited! Macphail Centre Foyer		Pricing For Saturday Workshops Adults/Concession: £6.50/£4 Under 18s: £4 All classes suit beginners unless stated otherwise Book online at ullapooldance.org		
9:30 - 10:00	FREE! WARM UP! Warm up by Line Dancing with Alice Wilkins! Village Hall				
10:15 - 11:15	Bollywood! Adult/10+ yrs Dance Ihayami Village Hall	Move With Rowan Strictly 6-9yrs Rowan Strachan Drama Studio	Drums & Rhythm All ages (2+) Henry Fosbrooke Drill Hall		
11:30 - 12:30	Dance Together Traditional Indian For everyone with or without support needs, family/carers. Dance Ihayami Village Hall	Costume Chaos Children & their adults dance together. Wear fancy dress! 11:30am 0-2 years 12:00 noon 3-6 years Julia McGhee Lochbroom Room	Dance With Your Baby In a sling or papoose. Lindsey MacQueen Assynt Room	Beginner's Ballet 7-12 yrs Laura Johnston-Scott (plan B Dance) Drama Studio	Charleston Adults 13+ Back by popular demand - there's no other class like it! Nigel May Drill Hall
12:30 - 13:30	LUNCH Deli rolls and soup available in the foyer		Films in 'the old tuck shop' on the concourse. " Sassegrasse " and " Two " by Julia McGhee		
13:30 - 14:30	Traditional Indian Adults 13+ Dance Ihayami Village Hall	Gentle Festival Moves Suits limited mobility, seniors & low fitness levels. Seated and standing options. As seen on TV! Louise Marshall (Eden Court) Canteen	FREE Sharing Session Dancers share works in progress & audience discuss. See website & press for details. Macphail Theatre	Drumming & Percussion 4-6yrs Henry Fosbrooke Lochbroom Room	Traditional Indian 7-12yrs Dance Ihayami Drama Studio
14:45 - 15:45	Reggaeton Adults 16+ Nigel May Village Hall	Musical Theatre 7-12yrs Louise Marshall (Eden Court) Canteen	Improvised Dance Adults 13+ Clare Pritchard Macphail Theatre	Family Disco & Games 2-6 yrs Becky Tyson Drama Studio (lift available for buggies)	
16:00 - 17:00	Easy Peasy Jazz All ages Louise Marshall (Eden Court) Canteen	Acrobatic & Physical Moves 10 - 18yrs Nigel May Village Hall	Highland & Contemporary Fusion 5+yrs to Adult Danielle Tyrer Macphail Theatre	Rhythmic Yoga Flow Adults 13+ Joany McGuire Lochbroom/Assynt Rooms	
17:00 - 17:30	Flashmob! Everybody come together to learn a very simple routine for tonight's party. Macphail Theatre		Contact Us Phone: 07513 117861 Or email: office@ullapooldance.org Website: ullapooldance.org		

Cheque/Cash enclosed (Delete as necessary)
Continue on a separate sheet if required.

Venues:

1. Macphail Centre.

Macphail Theatre,
Ullapool High School,
Mill Street (IV26 2UN)

Contains:

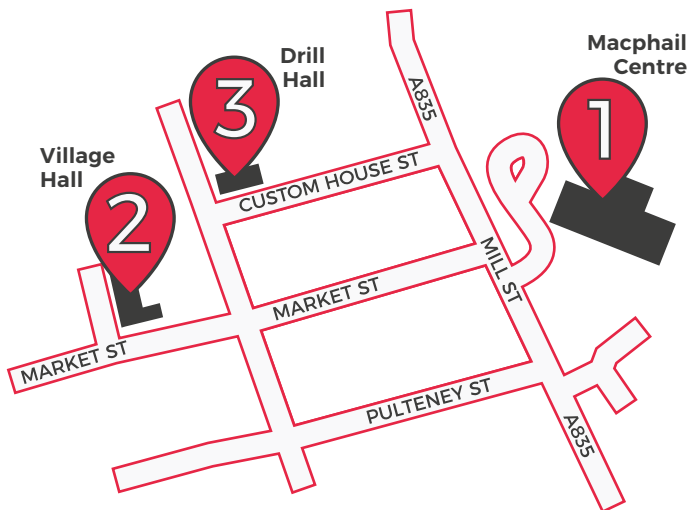
Drama Studio,
High School Canteen,
Lochbroom Room,
Assynt Room, Coigach Room

2. Village Hall.

Market Street
(IV26 2XE)

3. Drill Hall.

Custom House Street
(IV26 2XE)



Thanks a million to our fantastic team of enthusiastic and dedicated volunteers, we really could not do it without you!

Ullapool Dance Festival is brought to you by Ullapool Dance Ltd. in partnership with Eden Court. We are very grateful to our funders Creative Scotland, the Robertson Trust and Postcode Community Trust. We are a registered charity and not-for-profit company committed to providing everyone in the North-West Highlands with high quality dance opportunities.

Graphic Design: Richard Martin,
Dance Development Officer: Alice Wilkins,
Event Manager: Vanessa Boyd,
Volunteer Manager: Joanne Clark,
Business Development & Creative Projects Manager: Becky Thomson,
Bookkeeper/Admin: Cathy Higginson
Ceilidh Managers: Ciara MacPherson & Charlotte Law
Board of Directors:
Lucie Alexander, Katy Booth, Lydia Fiddes,
Angelica Kroeger, Malcolm MacLean, Louise Marshall, Kathryn Parker, Anthony O'Flaherty, Laura Traynor.

We would especially like to acknowledge the continued expert advice and support we receive from Louise Marshall of Eden Court and our mentor Morag Deyes M.B.E of Dance Base, Edinburgh.

Extra special thanks this year to "Wee Mo" Simpson for her unique and incredible energy, and her great ability to encourage people to dance regardless of age or ability.

Terms & Conditions (Summary)

Ullapool Dance Ltd reserve the right to alter the programme without notice and no liability can be accepted as a result of any changes. By buying a ticket, you are consenting to photography or video recording of your image at no charge for promotional purposes in any manner deemed appropriate by the board of Ullapool Dance Ltd.

See website for full ticket terms & conditions.

Phone: 07513 117861

In emergency only during the Festival:

07710 762607

office@ullapooldance.org

Ullapool Dance Ltd. 1 Mackenzie House, Royal Park, Ullapool IV26 2XT